

## Sunjung Cho

(415) 606-4574 • sunjung127@gmail.com  
2120 I Street, Unit B • Sacramento, CA 95816

---

**EDUCATION:** Doctoral student in Child & Family Therapy – Alliant International University  
M.A., Counseling Psychology – College of Notre Dame  
B.A., Sociology – University of California, Berkeley

### WORK EXPERIENCE:

- 12/2016 – Present**     **Clinic Manager, Licensed Marriage & Family Therapist**  
*Dignity Health Medical Foundation, Children's Center South*
- Carry a small caseload to provide intake, assessment, treatment planning, case management, and individual and family therapy
  - Oversee mental health treatment program for children and adolescents
  - Provide supervision to clinicians, youth advocate, family advocate
  - Supervise clinical supervisor and administrative support team
  - Provide clinical consultation as needed
  - Provide trainings to clinicians and advocates on various clinical topics
  - Develop clinical training program for the entire clinic
  - Ensure timely and high quality clinical services and documentation toward meeting contract goals
  - Participate in regularly scheduled external utilization reviews
  - Oversee program development, implementation and evaluation
  - Ensure all services provided to clients and their families are culturally relevant
  - Work closely with the contract monitor and Sacramento County Quality Management staff
  - Represent the agency at meetings with the funders and other community organizations
  - Participate in internal leadership meetings and contribute to strengthening the behavioral health department
- 10/2014 – 06/2016**     **Clinical Program Manager, Licensed Marriage & Family Therapist**  
*Transcultural Wellness Center / Asian Pacific Community Counseling*
- Oversee mental health treatment program for children and adults
  - Provide supervision to clinical supervisors
  - Provide clinical consultation as needed
  - Provide trainings to clinicians and rehabilitation counselors on various clinical topics
  - Ensure timely and high quality clinical services and documentation toward meeting contract goals
  - Participate in regularly scheduled external utilization reviews
  - Oversee program development, implementation and evaluation
  - Ensure all services provided to clients and their families are culturally relevant
  - Maintain strong working relationships with funders including Sacramento County Behavioral Health Services
  - Represent the agency at meetings with the funders and other community organizations
  - As a member of the management team, contribute to the overall agency operation and program effectiveness

*Sunjung Cho (cont'd)*

- 11/2010 – 06/2014**    **Managing Director, San Francisco and San Mateo County Programs  
Licensed Marriage & Family Therapist**  
*Asian American Recovery Services, Inc.*
- Oversee youth and adult prevention and treatment services in San Francisco County and San Mateo County
  - Provide supervision to program managers and clinical supervisors
  - Provide clinical consultation as needed
  - Lead a team of program managers and clinical supervisors to ensure the effective delivery of services with an emphasis on cultural sensitivity and co-occurring disorders
  - Oversee program development, implementation and evaluation
  - Represent the agency at meetings with the funders and other community organizations
  - Contribute to the development of client sensitive policies and procedures supporting the delivery of programs and services
  - Ensure compliance with all appropriate professional standards (including facilities and clinician licensing and certification requirements) and AARS funding conditions for the delivery of behavioral health care
  - Responsible for the overall management of respective programs and ensure compliance with federal, state, and local regulations as well as program contracts requirements
  - Contribute to the overall operation and effectiveness of AARS and San Francisco and San Mateo counties as a member of the Executive Management Team

- 11/2005 – 11/2010**    **Clinical Supervisor, Licensed Marriage & Family Therapist**  
*Asian American Recovery Services, Inc.*
- Oversee youth treatment services including individual, family, and group counseling for youth who have substance abuse and mental health problems
  - Oversee the employment, supervision, and ongoing training of all youth treatment program staff
  - Provide clinical supervision to youth treatment therapists and interns
  - Provide clinical supervision to school-based therapists
  - Oversee Medi-Cal services provided to youth and their families
  - Provide clinical consultation to youth prevention program staff
  - Provide direct services to clients and their families as appropriate
  - Lead a team of family therapists to ensure the effective delivery of a family therapy model with an emphasis on cultural sensitivity to the families we work with
  - Oversee program development, implementation and evaluation
  - Conduct chart reviews to ensure quality of services
  - Make presentations at various conferences and gatherings on working with Asian families and our cultural findings
  - Contribute to the overall operation and effectiveness of AARS and San Mateo County as a member of the Management Team

**07/2008 (10 days)**    **Interpreter**

**01/2009 (9 days)**    for Korean psychotherapists from Korea who came to the San Francisco Bay Area to participate in Natalie Rogers' training on Person-Centered Expressive Arts Therapy

**07/2009 (9days)**

**01/2005 – 06/2005**    **Domestic Violence Program Coordinator**  
*Shimtuuh: Korean Domestic Violence Program*

## ***Sunjung Cho (cont'd)***

*(Program of Korean Community Center of the East Bay)*

- Provided counseling for domestic violence survivors
- Provided clinical consultation
- Coordinated workshops and forums for women in the Korean community on various topics such as domestic violence basics, finance management, and positive parenting
- Outreached to the Korean faith community to increase their awareness of domestic violence and its impact on children and family relationships
- Worked closely with local Korean media on the issue of domestic violence
- Published weekly newspaper articles on the topics of domestic violence, child development, and mental health issues
- Published a parenting booklet in Korean

**2001 – 03/2004**

### **Clinical Supervisor, Licensed Marriage & Family Therapist**

*Asian Community Mental Health Services*

- Supervised clinical staff and graduate school interns
- Supervised school-based counseling program staff
- Supervised Alcohol and Other Drug treatment program staff
- Coordinated workshops and trainings for clinic staff
- Provided individual and group counseling to those with severe mental illnesses
- Provided counseling for Alcohol and Other Drug treatment program participants
- Assisted in grantwriting for Alcohol and Other Drug treatment program
- Provided counseling for domestic violence survivors and batterers
- Wrote newspaper articles on mental health and conducted workshops in the Korean community

**1997 - 2001**

### **Registered Marriage & Family Therapist Intern / Coordinator of School-based Counseling Program**

*Asian Community Mental Health Services*

- Provided individual and group counseling to those with severe mental illnesses
- Provided on-site counseling services for middle and high school students at school-based program
- Provided counseling for domestic violence survivors and batterers
- Wrote newspaper articles on mental health and conducted workshops in the Korean community
- Helped develop and implement new programs (school-based counseling, AOD program)

**2001**

*(Apr - Sept)*

### **Registered Marriage & Family Therapist Intern**

*Haight-Ashbury Free Clinics*

- Provided individual and group counseling for clients with substance abuse problems or dual diagnoses
- Conducted intake interviews, developed short- and long-term treatment plans

**1995 - 1997**

### **Senior Family Health Educator / Youth Program Manager**

*Korean Center, Inc. & Asian American Recovery Services, Inc.*

- Recruited middle and high school students for youth programs
- Conducted workshops and classes for at-risk youth
- Provided acculturation workshops for immigrant youth and their families
- Planned and coordinated range of events, including academic forums, cultural festivals, and annual fundraising functions
- Supervised three youth program coordinators and volunteers

***Sunjung Cho (cont'd)***

- Translated articles and lectures for various publications

**1993 - 1995**

**Family Health Educator / Youth Program Coordinator**

*Korean Center, Inc. & Asian American Recovery Services, Inc.*

- Provided family workshops on various topics such as acculturation, intergenerational challenges, communication skills, and substance abuse
- Developed bilingual brochures and educational materials to inform at-risk immigrant youth and their families about substance abuse
- Provided individual counseling to youth and their families
- Planned and coordinated cultural events

**1992 - 1993**

**Employment Counselor**

*Korean Center, Inc.*

- Recruited clients
- Provided labor market information
- Taught job training classes, including English, typing and computer classes

**Certificates and Other Trainings Received on the Following Topics:**

- AOD Assessment & Treatment
- Domestic Violence
- Clinical Supervision
- Dialectical Behavioral Therapy
- Personality Disorders in Social Work & Healthcare
- Narrative Therapy
- Trauma
- Trauma-Focused Cognitive Behavioral Therapy
- Motivational Interviewing
- Clinical Interventions in Working With Tough Adolescents
- Clinical Interventions in Working With Child Abuse & Sexual Abuse Victims
- Cross-Cultural Training
- Co-occurring Disorders
- Emotionally-Focused Couples Therapy
- Brief Strategic Family Therapy
- Seeking Safety
- Multi-Dimensional Family Therapy

**References:**

Available upon request